

Teething:

- Calgel 10mg
- Paracetamol 120mg/5ml susp SF (100ml)

Temperature and Fever:

- Paracetamol 500mg (32 tablets)
- Paracetamol 120mg/5ml susp SF (100ml)
- Paracetamol 250mg/5ml susp SF (100ml)
- Ibuprofen 200mg (24 tablets)
- Ibuprofen 400mg (24 tablets)
- Ibuprofen 100mg/5ml sf (100ml)

Threadworm:

- Mebendazole Tablet (2)
- Vaginal Thrush
- Clotrimazole 2% cream (1 x 20g)
- Clotrimazole 2% cream + pessary combipack

Verrucas/Warts:

- Salicylic Acid 16.7/lactic acid 16.7 paint 10ml (Salactol)

Viral Upper Respiratory Tract

Infection 12 years and over :

- Paracetamol 500mg (32 tablets)
- Ibuprofen 200mg (24 tablets)
- Ibuprofen 400mg (24 tablets)
- Saline Nasal Drops 0.9% (10ml)
- Menthol and Eucalyptus Inhalation (100ml)

Viral Upper Respiratory Tract

Infection 3 months to 12 years:

- Paracetamol 120mg/5ml susp SF (100ml)
- Paracetamol 250mg/5ml susp SF (100ml)
- Ibuprofen 100mg/5ml sf (100ml)
- Saline Nasal Drops 0.9% (10ml)
- Menthol and Eucalyptus Inhalation (100ml)

PHARMACY FIRST

Over the Counter Medications

All Medications listed in this leaflet should be bought directly from the pharmacy, a prescription is not required.

Athlete's Foot:

- Clotrimazole Cream 1% (20mg)
- Zinc undecanoate 20% (with undecanoic acid 2%) powder

Chicken Pox:

- Paracetamol 500mg (32)
- Paracetamol 120mg /5ml susp (100ml)
- Paracetamol 250mg/5ml susp SF (100ml)
- Calamine Lotion

Cold Sores:

- Aciclovir Cream (2mg)

Colic (Infantile):

- Simeticone Suspension 40mg/ml Infacol Suspension (50ml)
- Conjunctivitis (Bacterial)
- Chloramphenicol 0.5% eye drops (10ml)

Constipation:

- Senna 7.5mg (20 Tablets)
- Ispaghula Husk (10 Sachets)
- Lactulose (300ml)

Contact Dermatitis/skin allergy:

- Hydrocortisone 1% Cream 1 x 15g
- Chlorphenamine Syrup (150ml)
- Chlorphenamine tablets 4mg (30)

Cough 12 years and Over:

- No product, advice only

Cough over 1 year and under 12 years old:

- No product, advice only

Diarrhoea:

- Oral Rehydration Sachets (6 sachets)
- Loperamide 2mg (6 Sachets)

Earwax:

- Sodium Bicarbonate Ear Drops (10ml)

Haemorrhoids:

- Anusol Suppositories (12)
- Anusol Ointment (30g)

Hay Fever:

- Chlorphenamine 4mg (30 tablets)
- Chlorphenamine 2mg/5ml syrup (150ml)
- Certirizine 10mg (30 tablets)
- Sodium Cromoglycate eye drops (5ml)
- Beclomethasone nasal spray (P)
- Loratidine 10mg (30)

Headlice:

- Dimeticone 4% lotion (50ml)

Headache:

- Paracetamol 500mg (32 tablets)
- Ibuprofen 200mg (24 tablets)
- Ibuprofen tabs 400mg (24 tablets)

Indigestion/Heartburn:

- Magnesium trisilicate mixture (200ml)
- Peptac Liquid (500ml)
- Ranitidine 75mg (6 tablets)

Insect Bite:

- Hydrocortisone 1% cream 1 x15g
- Chlorphenamine syrup (150ml)
- Chlorphenamine tablets 4mg (30)

Mouth Ulcers:

- Chlorhexidine mouthwash (300ml)
- Choline Salicylate 8.7% gel (15g)

Nappy Rash:

- Conotrane Cream (100g)
- Sudocrem (125g)

Non – Traumatic Pain:

- Paracetamol 500mg (32 tablets)
- Ibuprofen 200mg (24 tablets)
- Ibuprofen 400mg (24 tablets)

Oral Thrush:

- Miconazole Oral Gel (15g)

Period Pain (Dysmenorrhoea):

- Paracetamol (32)
- Ibuprofen 200mg (24)
- Ibuprofen 400mg (24)

Ring Worm:

- Clotrimazole Cream 1% (20g)

Simple Dermatitis (Dry Skin):

- Aqueous Cream (500g)
- Emulsifying Ointment (500mg)

Sore Throat:

- Paracetamol 120mg/5ml susp SF (100ml)
- Paracetamol 250mg/5ml susp SF (100ml)
- Paracetamol 500mg/5ml susp SF (100ml)
- Paracetamol 500mg (32 tablets)
- Ibuprofen 200mg (24 tablets)
- Ibuprofen 400mg (24 tablets)
- Ibuprofen 100mg/5ml sf (100ml)

Sprain/Strain:

- Paracetamol 500mg (32 tablets)
- Ibuprofen 200mg (24 tablets)
- Ibuprofen 400mg (24 tablets)
- Tubigrip B (0.5m)
- Tubigrip C (0.5m)
- Tubigrip D (0.5m)
- Tubigrip E (0.5m)
- Tubigrip F (0.5m)
- Tubigrip G(0.5m)